

# Start your recovery at home

A safe and discreet in-home detox and aftercare program.

If you struggle with **alcohol**, **cannabis** or **cocaine** dependence, AIR Detox can help. With minimal wait times, we can help you start your recovery sooner, all within the comfort and privacy of your own home.



## The in-home detox program

To ensure your safety, you must have a support person who can remain with you during the 7-day withdrawal phase. To access this service you must be able to stay on the Gold Coast during the detox.

### Home Assessment

Our clinician conducts a clinical assessment to ensure your safety and eligibility for a home detox. We provide pathology requests; create a personalised withdrawal plan; prepare you for the detox; and educate you and your support person on the withdrawal process. We also keep your existing healthcare team updated every step of the way.

### 7-Day Home Detox

The home detox takes around seven days and usually starts 1-2 weeks after your initial assessment. Our clinician makes home-visits to adjust your withdrawal medications and manage cravings. The prescription medications are included in the cost and provided to you at your appointments, meaning **no daily trips to the chemist**. We also provide **24/7 medical support** so we are with you every step of the way.

### Aftercare & Support

During the detox week we work together to create an individualised aftercare plan that will be specific and effective. We also understand there may be bumps along the road, so we provide **12-months of support** so you can be seen quickly whenever you need help.

## Cost

The total cost of the program is **\$3,300**, which works out at \$9 per day over 12-months. Monthly payment plans are available. Please note there are no medicare rebates for in-home detox.

## Ready to get started?

We aim to see our patients for their initial assessment within 24-48hrs. Call or email us today and we will send you our online pre-assessment form.





## Meet your doctor

**Dr Hok Yee Siu, FRACGP, MBChB**

Dr Hok Yee Siu, the Co-founder and Medical Director of AIR, is a fully qualified GP with a special interest in addiction and emergency medicine. After working in drug and alcohol detox and rehabilitation centres, he saw the need for a more personalised approach that prioritises comfort, privacy and tailored treatments without compromising patient-safety.

## Why patients choose us

### Minimal wait times

We aim to see you for your initial assessment within 24-48hrs.

### 24/7 medical support

You and your support person will have a direct line to our doctor so you feel safe and supported at every step.

### Privacy

You can remain in the comfort of your own home with your loved ones. We also provide your prescription medications at your appointments, meaning no daily trips to the chemist to protect your privacy.

### Flexibility

We can arrange calls and appointments at evenings and weekends.

### Freedom


You are not confined to an inpatient facility for 7 days, so you can continue doing the things you enjoy when you feel well enough.

### Cost effective

Our service is a fraction of the cost of other private detox services. Our patients have saved thousands over the course of six months compared to cost of buying alcohol or cannabis.

## Contact us today

Ready to get started? Call or email us and we will send you our online pre-assessment form.

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 [www.airdetox.au](http://www.airdetox.au)

