

Audit-C questionnaire

Patient name:

Date of visit:

1. How often do you have a drink containing alcohol?

- a. Never
- b. Monthly or less
- c. 2–4 times a month
- d. 2–3 times a week
- e. 4 or more times a week

2. How many standard drinks containing alcohol do you have on a typical day?

- a. 1 or 2
- b. 3 or 4
- c. 5 or 6
- d. 7 to 9
- e. 10 or more

3. How often do you have six or more drinks on one occasion?

- a. Never
- b. Less than monthly
- c. Monthly
- d. Weekly
- e. Daily or almost daily

a = 0 points; b = 1 point; c = 2 points; d = 3 points; e = 4 points

In men, a score of 4 or more, and in women, a score of 3 or more, is considered positive, optimal for identifying hazardous drinking or active alcohol use disorders.